

# Dementia Action Week

Five days of expert support and guidance at our Alzheimer's advice event



Monday 20 May to Friday 24 May, 10am to 2pm at the Public Service Plaza, Havant, PO9 2AX

Dealing with the practicalities can be hard for those with dementia, and those supporting them. You are not alone – expert local advice is on hand at our advice event this May. Running for five days, the event is supported by charities and local organisations:

- Alheimers Society
- Dementia Friendly Hayling
- Dementia Friendly Havant
- The Princess Royal Trust for Carers
- Havant Men's Shed
- Rotary Club of Havant
- Southern Co-Operative
- Right at Home Havant
- BS Care at Home

Whether your concern is big or small, come along and have a friendly and informal discussion with those who could advise you best.



For more information call 023 9244 6406, email [eventsHBC@havant.gov.uk](mailto:eventsHBC@havant.gov.uk) or visit

[www.havant.gov.uk/dementia](http://www.havant.gov.uk/dementia)

**Havant**  
BOROUGH COUNCIL