- 1. Do you feel supported in your learning?
- 2. Do you feel motivated to learn?
- 3. Do you feel you are achieving your best?
- 4. Do you feel clear about your next steps after school/college?
- 5. Do you feel confident about your future?
- 6. How would you rate your health?
- 7. How would you rate your environment?
- 8. How would you rate your mental wellbeing?
- 9. How would you rate your relationships with friends and family?
- 10. How would you rate your ability to deal with obstacles?
- 11. How would you rate your expectation to reach your goals through education and training?
- 12. How would you rate your expectation to reach your goals through receiving mentoring support?

## Internal purpose

## **Reference:**

Date: