#### **Dementia resources**

### **Alzheimer's Society**

Alzheimer's Society is the only UK charity that campaigns for change, funds research to find a cure and supports people living with dementia today.

Telephone: 0300 222 11 22

Website: www.alzheimers.org.uk

Local office

Telephone: 023 9289 2035

Email: portsmouth@alzheimers.org.uk

### **Admiral Nursing Service**

Admiral Nurses are there to help you. They can give you specialist practical and emotional support, on their dementia helpline through the phone or their email service.

Telephone: 0800 888 6678

Local office

Telephone: 023 8202 5787

Email: <a href="mailto:sphilpott@britishlegion.org.uk">sphilpott@britishlegion.org.uk</a>

## **Carer Support and Dementia Advice Service for Hampshire**

Advice, information and support for all carers and people with dementia and memory problems throughout Hampshire.

Telephone: 01264 332297

Email: enquiries@andovermind.org.uk

# **Princess Royal Trust for Carers**

Provide Emergency Plans which can give 48hours free cover to support their cared for in case of an emergency, illness or carers stress.

Telephone: 01264 835246

### **Dementia Friendly Hampshire**

Provide support, advice and information for communities who want to become Dementia Friendly. Also, help to create dementia friendly activities and events.

Email: jane.ward@dementiafriendlyhampshire.org.uk

#### Adults Health and Care – Local Authority

For help with social care, residential and nursing care homes and protecting people from abuse.

Telephone: 0300 555 1386

## Websites with information about dementia and support

### https://www.nhs.uk/conditions/dementia/

Information for people with dementia, their families and friends.

## https://www.youngdementiauk.org

The Young Dementia Network is a movement of people committed to improving the lives of those affected by young onset dementia.

### http://www.tide.uk.net

A network of Carers who work to improve the lives of people with dementia and their carers.

### http://www.dementiaadventure.co.uk

Dementia Adventure connects people living with dementia with nature and a sense of adventure.

### http://www.innovationsindementia.org.uk

Innovations in Dementia is a community interest company which works nationally with people with dementia, partner organisations and professionals with the aim of developing and testing projects that will enhance the lives of people with dementia.

### http://gloriousopportunity.org

A website created by Dr Jennifer Bute, a GP who is living with dementia.

## http://www.thewidespectrum.co.uk

A website created by Dr. Gemma Jones, dementia care consultant.

## https://www.unforgettable.org

A website bringing together products and services available to people affected by dementia.

#### https://www.lbda.org

The Lewy Body Dementia Association (LBDA) is a 501(c)(3) non-profit organization dedicated to raising awareness of the Lewy body dementias (LBD), supporting people with LBD, their families and caregivers and promoting scientific advances.

## https://connecttosupporthampshire.org.uk

Information and advice on social care and support, community groups and local activities, home care providers and care homes in Hampshire.